

16<sup>th</sup> November 2020

Dear parents,

### **COVID INFORMATION**

I have had quite a few questions today regarding the need to isolate. Below you will find all the information necessary to support your decision making if you have been in contact with someone who has been tested or if you know of someone who has tested positive but are not sure whether you have been in direct contact.

Government guidance says that if you've been in contact with someone who has tested positive you'll be informed by the NHS Test and Trace service either via a text, email or phone call. We do however know there are delays in this, so if you are directly told about a positive test, do not wait to be contacted by test and trace.

If someone you have been in contact with tests positive, you must self-isolate at home for at least 14 days from the date of your last contact with them, even if you feel healthy and aren't experiencing any of the symptoms of Covid-19. You should not arrange for testing unless you develop symptoms of the virus. A high proportion of people with coronavirus are asymptomatic, and the Government says that people can become infectious up to two days before symptoms first appear.

The Government defines a contact as ***a person who has physically interacted or been near someone who has tested positive for Covid-19 'anytime from two days before the person was symptomatic up to 10 days from onset of symptoms'.***

The following are listed by the Government as contacts:

- ***People who spend significant time in the same household as a person who has tested positive for Covid-19***
- ***Sexual partners***
- ***A person who has been within two metres of someone who has tested positive for Covid-19 for more than 15 minutes***
- ***A person who has travelled in a small vehicle with someone who has tested positive for Covid-19, or in a large vehicle or plane near someone who has tested positive for Covid-19***
- ***A person who has had face-to-face contact (within one metre) with someone who has tested positive for Covid-19, including being coughed on, having a face-to-face conversation within one metre, having skin-to-skin physical contact, or contact within one metre for one minute or longer without face-to-face contact***

Self-isolation means staying at home. You cannot go to work, school, or public areas, you're not allowed to use public transport or taxis, and you can't leave the house to buy food, medication or other essentials, or even to exercise.

If your child is not classified as a contact then they should attend school as usual.

**A reminder please, that face coverings should be worn when picking up/ dropping off your children. This is to keep EVERYONE safe, including you.**

Thank you

Mrs Bradley-Wyatt

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**Contact us**

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